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Pharmacopeial Perspectives on Vitamin Analysis

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Revision Process

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USP Standards Setting Process





USP-NF Revision Process





USP Dietary Supplement Monographs

DS Type Test	Vitamin	Minerals	Non Botanicals	Botanicals
Idontity	IR, HPLC RT,	Chemical	IR, HPLC RT,	Microscopy, TLC,
Inclutiv	UV, Chemical		UV, Chemical	HPLC, GC
	Chromatographic	Chemical Limit	Chrom. purity,	Toxins, Aflatoxins,
	purity, Limit	tests, Limit of	Limit Tests,	Heavy Metals,
Purity/	Tests, Microbial,	foreign metals	Microbial,	Pesticides, Foreign
Contaminants	Heavy Metals	by AA, ICP	Heavy Metals,	Matter, Residue On
			PCBs-Dioxins	Ignition, Microbial,
				Negative Markers
	Packaging,	Packaging,	Packaging,	Packaging, Labeling,
	Labeling,	Labeling,	Labeling,	Extractable Matter,
Performance	Uniformity.	Uniformity,	Uniformity,	Uniformity,
	Dissolution,	Dissolution,	Dissolution,	Dissolution,
	Disintegration	Disintegration	Disintegration	Disintegration
Strength/	Spectroscopy,	AA, ICP,	Spectroscopy,	HPLC, GC
Composition	HPLC, Microbial	Titration	HPLC,	
			Titration	



Modernization Prioritization Scheme

- Monograph Needs
 - Replace
 - Non-Specific Assay
 - Titrations
 - UV-Vis
 - Wet Chemistry
 - Microbial Assay
 - Non-Value Added Procedures
 - Melting Point
 - рН
 - Outdated Technology
 - TLC Impurity procedures
 - Packed-Column GC
 - Hazardous Tests
 - Toxic Solvents
 - Odor Tests
 - Add
 - Missing Impurity Procedures
 - Second Identification Procedures
 - Update
 - Older Chromatographic Reagents
 - Use Common Assay and Impurity
 Procedures
 - Include Multidimensional Detectors

- Regulatory Needs
 FDA Priorities
- Public Needs
 - Public Exposure
 - Unit Sales
 - Drug Products Sales
 - Public Danger
 - FDA Requests
 - Published Health Threats
- Industry Needs
 - Reference Standard Sales
- USP Needs
 - Cost Containment
 - Family of Monographs
 - Full Monograph (not just parts)

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Monograph Modernization

Necessary to maintain relevance

Keep up with new technologies



USP-NF Modernization Revision Process





Cyanocobalamin and Hydroxocobalamin



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Vitamin E: GC packed column to capillary







- SampleName Sve Suit Sel: Sample, ID 15112016:20E: Vial B:2: Injection 1: Channel Description - Date



Modernizations: Beta carotene



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Modernizations: Beta Carotene

- Most of the Beta Carotene supplements are labeled in terms of Vitamin A units
- Provitamin A conversion in supplements is based on all-trans
- Conversion to Vitamin A is different for the all-trans vs cis forms
- Cis forms seem to gain interest as antioxidant and other actions
- > Trans is predominant in fruits, vegetables, fermentation and synthetic
- Cis is significant in some algae (Dunaliella) and beta carotene preparations (beadlets)
- Spectrophotometric assay with Iodine catalyzer did not provide specific trans/cis content
- Therefore there was a need for specific assay



Modernizations: Beta Carotene

The typical chromatogram for USP Beta Carotene System Suitability RS presented in RSCEP 5488:





Calcium Panthotenate



Nitrogen determination by Kjeldhal to HPLC for Assay and Impurities



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Niacin : UV + TLC to HPLC for assay and impurities

Project #: 09-184

Name: Niacin USP Bulk Lot: B080288 USP Lot: J Project No: 09-184 Concentration: 20 µg/mL 124 12 1.0 0.9 0.8 0.7 A 0.6 0.5 0.4 0.3 02 0.1 0.00 260 n m 200.0 210 220 230 240 250 270 2.80 290 300 310 320 327.2





Peak Results

	Name	RT	RRT	Area	% Area	Height (µV)	USP Resolution	USP Plate Count	Int Type
1	pyridine	1.473	0.178	6180704	26.6896	970264		1076	Bb
2	6-hy droxy nicotinic acid	5.670	0.685	8503337	36.7192	760297	17.72	6342	bb
3	niacin	8.276	1.000	8473719	36.5913	547687	7.45	6981	BB



Biotin monograph: titration to HPLC







10 mg of sample

500 mg of sample



Vitamin A: introduction of Retinyl Palmitate RS



	Name	RT	Area	% Area	Height (µV)	USP Resolution	USP Plate Count	Int Type
1	retinyl palmitate	12.356	950348	35.1594	39630		6056	bb
2	retinyl acetate	22.149	1752623	64.8406	47488	11.97	8312	bb



- 1. <91> Calcium pantothenate Assay
- 2. <115> Dexpanthenol Assay
- 3. <171> Vitamin B12 Activity Assay
- 4. <411> Folic Assay
- 5. <441> Niacin or niacinamide Assay
- 6. <481> Riboflavin Assay
- 7. <531> Thiamine Assay
- 8. <551> Alpha Tocopherol Assay
- 9. <571> Vitamin A Assay
- 10. <581> Vitamin D Assay



Goals of Chapter Modernization

 Eliminate outdated procedures and/or impractical/time consuming techniques.

Consolidate all the common analytical methods that are shared by many monographs into one place.

> Apply the redesigned format to the entire chapter where applicable.



<571> Vitamin A Assay

- Delete the test for articles containing tocopherol in the Chemical Method and replace it with a chromatographic method.
- Apply the redesigned style format for the entire chapter where applicable.
- Consolidate all the existing chromatographic procedures in the various monographs by migrating them to the Chromatographic Methods section. As a result, general chapter 571 will serve as a center for cross-references for all vitamin A procedures described in the individual monographs.
- > 3 sample preparations:
 - DMSO-isooctane, neutral,
 - Saponification, basic
 - Lecithin/methanol/sulfuric/isooctane, acid
- 4 chromatographic systems:
 - 3 normal phase (Si and NH2)
 - -1 reverse phase

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- Delete the Chemical Method and the Biological Method that are outdated and are no longer being used.
- Delete the current Chromatographic Method that is no longer applicable to any existing monographs.
- > Apply the re-designed format to the entire chapter where applicable.
- Consolidate all the existing chromatographic procedures in the various monographs by migrating them to the Chromatographic Methods section.

As a result, general chapter <581> will serve as a center for cross-references for all vitamin D procedures described in the individual monographs.



<551> Alpha Tocopherol Assay

- Replace the current <551> title "Alpha Tocopherol Assay" with "Vitamin E Assay" to broaden the assay scope which would include the alpha tocopheryl acetate and alpha tocopheryl acid succinate forms of vitamin E.
- Delete the alpha tocopherol Assay Procedure that is outdated and no longer being referenced in monographs.
- > Apply the redesigned format to the entire chapter where applicable.
- Consolidate all the existing chromatographic procedures in the various monographs

<551> will serve as a center for cross-references for all vitamin E procedures described in the individual monographs.



<441> Niacin or Niacinamide Assay

- Delete the Microbiological Method. It is outdated and no longer referenced by the monographs.
- > Apply the redesigned format to the entire chapter where applicable.
- Consolidate all the existing chromatographic procedures in the various monographs

<441> will serve as a center for cross-references for all Niacin or Niacinamide procedures described in the individual monographs.



<411> Folic Acid Assay

Replace the current, stand-alone folic acid assay procedure in the chapter with newer procedures for the determination of folic acid as an ingredient of pharmaceutical formulations containing other active constituents.

Consolidate all the existing chromatographic procedures in the various monographs by migrating them to this chapter, which will serve as a center for cross-references for all folic acid assay procedures described in the individual monographs

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Performance Tests

- Diagnostic Quality Control tool to identify variations in the manufacturing process
- Confirm the robustness of manufacturing process
- Predict availability for absorption
- Challenges with softgel capsules







GC <2040>

Rupture Test for Soft Shell Capsules

- 1. Schizochytrium Oil Capsules
- 2. Saw Palmetto Capsules
- 3. Crypthecodinium cohnii Oil Capsules
- 4. Cod Liver Oil Capsules
- 5. Fish Oil Containing Omega-3 Acids Capsules
- 6. Pygeum Capsules



Rupture test for soft shell capsules

Medium: Water; 500 mL Apparatus 2: 50 rpm.

Time: 15 min

- End point
 - The state of being broken, fractured, cracked.
 - There is no requirement for capsule's content release.





- All oil and water-soluble vitamins with minerals, prepared as tablets or capsules, are subject to the dissolution test and criteria described in the General Chapter <2040> for
 - ✓ folic acid (if present Mandated for health claim)
 - ✓ one index water-soluble vitamin

 vitamin A for oil soluble vitamins (PF 36(5) Sep-Oct 2010)
 Davydova, N., Stipler E., Jin P., and Giancaspro G. *J. Pharm. Biomedical Anal.* 2010 Nov 2;53(3):295-301
 [Online access]. DOI: 10.1016/j.jpba.2010.03.036.

✓ one index element



USP Apparatus 3

 Dissolution conditions for folic acid and index watersoluble vitamins (not suitable for minerals)

Test 2—

Medium: 45 mM citrate buffer, pH 6.0; 250 mL.

Apparatus 3: 30 dpm.

Screen (Top & Bottom): 56-mesh.

Time: 1 hour.



USP Apparatus 3

The method works for some formulations





USP Apparatus 3

 The method has to be modified for evaluation of other soft gel capsules containing water- and oil-soluble vitamins with minerals



Vitamin B6 Release



USP Apparatus 3 - Modifications

- Use of surfactants
 - ✓ Triton X -100: 0.25%; 0.5%; 1% in dissolution medium
- Use of enzymes
 ✓ 1N HCI; SGF; SIF
- Mesh size
 - ✓ 56-mesh → 43-mesh
- Speed
 - ✓ 30 15 dpm



What's next?

- We want more UHPLC procedures!
- > All in one?
- > Yes, we wish, but practical and not too expensive to run



Questions



Thank You